# UW Medicine

OF MEDICINE

# 20th Update: Travel Medicine and Global Health

# Thursday - Friday June 26 - 27, 2025

Hybrid: In-Person or Live Webinar

UW South Lake Union Campus Orin Smith Auditorium 850 Republican Street Seattle, WA 98109

Sponsored by UW School of Medicine Department of Family Medicine Office of Continuing Medical Education

#### TARGET AUDIENCE

This course is designed for non-specialist physicians and health professionals interested in fields such as Allergy/Immunology, Dermatology, Emergency Medicine, Family Medicine, Infectious Disease, Internal Medicine, Nursing, and Pediatrics. It is ideal for Naturopathic Physicians, Nurses, Pharmacists, Physician Associates, Students, Technicians, and other related professions.

#### **COURSE DESCRIPTION**

This two-day hybrid conference, available in-person or via live webinar, offers an overview of travel medicine and global health for non-specialist physicians and health professionals. With the rise in international travel, clinicians must be prepared to tackle superbugs and antimicrobial resistance. Participants will learn from experts in travel medicine, global health, and infectious diseases, gaining the knowledge and skills to address travelers' complex health needs and improve global health outcomes. Staying current with the latest developments, attendees can enhance their ability to provide high-quality care to diverse patient populations in an interconnected world.

### **COURSE OBJECTIVES**

Upon completion of this activity, attendees should be able to:

- Provide guidance on preparing pre-travel patients for travel to low-income nations by conducting thorough pre-travel consultations and assessments.
- Discuss evidence-based recommendations for travel vaccinations and prophylaxis.
- Distinguish various strategies to volunteer for overseas medical service.
- Assess and recognize common risks faced by travelers to low-income nations including the recognition and management of common travelrelated illnesses and emergencies.
- Navigate ethical challenges in providing care to travelers and global populations.

#### **ATTENDANCE POLCY**

Course activities are exclusively reserved for course attendees. This course will be offered inperson or via Zoom Webinar.

#### FEES AND REGISTRATION

To enroll, please register online at <u>uwcme.org</u>.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of AMA PRA Category 1 Credits<sup>™</sup>, access to online instruction materials, course logistics, food and beverage, faculty planning, travel, honoraria, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at <u>cme@uw.edu</u>. Continuing Medical Education will not be responsible for expenses.

Registration	In-Person	Virtual
All Learners	\$450.00	\$400.00
*Resident/Fellow/Student	\$250.00	\$200.00
Industry (non-exhibiting)	\$650.00	\$600.00

Resident/Fellow/Student rate requires written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.

*Registration rates increase by \$25 effective June 12, 2025.* 



#### ACCREDITATION

**Accreditation with Commendation:** The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation:** The University of Washington School of Medicine designates this Live activity for a maximum of *14.75 AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Exhibitors are welcome at this event.

Email <u>cmeconf@uw.edu</u> if you are interested in registering as an exhibitor for this event.

#### PRESENTATIONS AND COURSE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on June 19, 2025, for registrants to print and/or download. A printed syllabus with the conference agenda and pages for note-taking will be available for in-person attendees.

#### **CANCELLATION POLICY**

The Office of Continuing Medical Education must receive written notification of your cancellation by **June 12, 2025**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after June 12, 2025. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions at 206.543.1050, fax 206.221.4525 or email <u>cme@uw.edu</u>.

#### **COVID-19 SAFETY MEASURES**

Masks are strongly recommended for those attending this activity in-person. Wearing a well-fitted mask over your mouth and nose is encouraged.

- Attendees must stay home if they have COVID-19 symptoms, have tested positive in the 5 days leading up to the event, or are still isolating after testing positive.
- COVID-19 Testing within 72 hours of an event is recommended if using a PCR test, testing day of the event is recommended if using a rapid antigen test. Testing 3 to 5 days after attending an event is also encouraged.

#### **DIETARY REQUESTS**

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to <u>cme@uw.edu</u> by June 12, 2025.

#### **SPECIAL SERVICES**

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office 206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu

The following hotels are located near the conference site. To make reservations, please contact the hotels directly.

Astra Hotel A Tribute Hotel 300 Terry Ave N Seattle, WA 98109 206.693.6000

<u>Hyatt House</u> 201 Fifth Ave N Seattle, WA 98109 206.727.1234 <u>Courtyard by Marriott</u> 925 Westlake Ave N Seattle, WA 98109 206.213.0100

#### MOXY Seattle Downtown

1016 Republican Street Seattle, WA 98109 206.708.8200 <u>EVEN Hotel</u> 527 Fairview Ave N Seattle, WA 98109 206.596.2302

#### Residence Inn

800 Fairview Ave N Seattle, WA 98109 206.624.6000 Fairfield Inn & Suites

226 7th Ave N Seattle, WA 98109 206.443.2012

### Staybridge Suites

1119 Mercer Street Seattle, WA 98109 877.238.8889

# Course Faculty

# Course Chair

# Christopher Sanford, MD, MPH, DTM&H

Associate Professor, Emeritus Departments of Family Medicine & Global Health Director, Global Health Fellowship, Department of Family Medicine University of Washington/UW Medicine

# <u> Planning Committee</u>

### Seth Cohen, MD, MSc

Clinical Assistant Professor Department of Medicine, Division of Allergy and Infectious Diseases Director, Infection Prevention and Control UW Medical Center

## Shireesha Dhanireddy, MD

Professor Division of Allergy & Infectious Diseases Medical Director, Infectious Disease Clinic and Madison Clinic, Harborview Medical Center

# Paul Pottinger, MD

Professor Division of Allergy & Infectious Diseases Director, Infectious Disease Training Program

Anne C. Terry, ARNP, CTH, CTropMed®

Manager and Nurse Practitioner Travel Clinic Hall Health Primary Care Center Department of Family Medicine

# **Guest Faculty**

Kara Donny-Clark, BSN, RN Vaccine Coordinator Downtown Family Medicine & Refugee Screening King County Public Health Seattle, WA

## Sheila M Mackell, MD, FAAP, CTropMed<sup>®</sup>, CTH, FISTM Pediatrician Mountain View Pediatrics Flagstaff, AZ



# **Course Faculty**

# <u>UW Faculty</u>

## Frederick Buckner, MD

Professor Department of Medicine, Division of Allergy and Infectious Diseases

# Andrea Kalus, MD

Associate Professor Division of Dermatology John E. Olerud Endowed Chair for Dermatology Training Co-Director, Rheumatology-Dermatology Clinic Director Phototherapy Unit Physician, UWMC-Roosevelt

# Nandita Mani, MD

Clinical Instructor Division of General Internal Medicine

# Anna McDonald, MD, MPH

Clinical Instructor Department of Family Medicine

# Alexandra Molnar, MD

Clinical Associate Professor Division of General Internal Medicine College Faculty Olympic College and UW School of Medicine

### Peter Rabinowitz, MD, MPH

Associate Professor Department of Environmental and Occupational Health Sciences

# Adrienne Shapiro, MD, PhD

Assistant Professor Department of Global Health Assistant Professor Department of Medicine, Division of Allergy and Infectious Diseases Attending Physician, Infectious Diseases Associate in Vaccine and Infectious Diseases Division (VIDD) Fred Hutchinson Cancer Center

Rachel Smith, MD Acting Instructor Department of Family Medicine

# David A. Townes, MD, MPH, DTM&H

Professor Department of Emergency Medicine Adjunct Professor, Department of Global Health Associate Director, Global Emergency Medicine Fellowship Program

# Heidi van Rooyen, PsyD

Professor Global Health Chair, Department of Global Health

# Wesley Van Voorhis, MD, PhD

Professor Division of Allergy & Infectious Diseases Adjunct Professor Global Health and Microbiology Director Center for Emerging and Re-Emerging Infectious Diseases (CERID)

# Ana Weil, MD, MPH

Assistant Professor Department of Medicine Division of Allergy & Infectious Diseases

# <u> Thursday, June 26, 2025</u>

- 7:55 Welcome & Announcements | Chris A. Sanford, MD, MPH, DTM&H
- 8:00 Travel Immunizations | Anna McDonald, MD, MPH & Kara Donny-Clark, BSN, RN
- 8:40 Malaria | Anne C. Terry, ARNP, CTH, CTropMed®
- **9:20** The Pre-Travel Encounter, and Non-infectious Risks to Travelers | *Chris A. Sanford, MD, MPH, DTM&H*
- 10:00 BREAK
- **10:20** Traveler's Diarrhea | Ana Weil, MD, MPH
- 11:00 The Pediatric Traveler | Sheila M. Mackell, MD, FAAP, CTropMed®, CTH, FISTM
- 11:40 The Pregnant Traveler | Sheila M. Mackell, MD, FAAP, CTropMed<sup>®</sup>, CTH, FISTM
- 12:00 BAM: Bug Avoidance Measures | Anne C. Terry, ARNP, CTH, CTropMed®
- 12:20 LUNCH
  - 1:20 Global Health: Progress to Date, Work to be Done | Heidi van Rooyen, PsyD
  - 2:00 Global Tuberculosis | Adrienne Shapiro, MD, PhD
  - **2:40** Pre-Travel Case Studies | Anne C. Terry, ARNP, CTH, CTropMedÂ<sup>®</sup> and Rachel Smith, MD

# 3:10 BREAK

- **3:30** Post-Travel Case Studies | Anne C. Terry, ARNP, CTH, CTropMedÂ<sup>®</sup> and Chris A. Sanford, MD, MPH, DTM&H
- 4:00 Everest: Beyond Burnout | Paul Pottinger, MD
- 5:00 ADJOURN

All times listed are in Pacific Standard Time

# <u>Friday, June 27, 2025</u>

- 7:55 Welcome Back & Introduction | Chris A. Sanford, MD, MPH, DTM&H
- 8:00 Complex Humanitarian Emergencies | David A. Townes, MD, MPH, DTM&H
- 8:40 So You Want Extra Training in Travel Medicine and Global Health? | Paul Pottinger, MD
- 9:20 Medical Tourism | Nandita Mani, MD

# 10:00 BREAK

- 10:20 Chagas and Leishmaniasis | Frederick Buckner, MD
- **11:00** *Zoonotic Surveillance: Where Will the Next Outbreak Come From? | Peter Rabinowitz, MD, MPH*
- 11:40 Emerging and Re-Emerging Diseases | Wesley Van Voorhis, MD, PhD
- 12:20 LUNCH
  - **1:20** Volunteering Abroad: Pragmatics & Ethics Panel | *Sheila M. Mackell, MD, FAAP, CTropMed®, CTH, FISTM, Anna McDonald, MD, MPH, and Andrea Kalus, MD*
  - 2:00 Care of Immigrants and Refugees | Alexandra Molnar, MD
  - 2:40 Dengue, Zika, Chikungunya, and Oropouche | Seth Cohen, MD, MSc
  - 3:20 BREAK
  - **3:40** Beyond Masking: Travel and Respiratory Infections | Seth Cohen, MD, MSc
  - 4:20 Post-Travel Dermatology | Andrea Kalus, MD
  - 5:00 ADJOURN

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